

Lesson: 128. **Contentment** **Part A** Volume: 12

God holds the future in His hand,
O heart of mine, be still!
His love will plan the best for thee,
The best, or light or dark it be:
Then rest ye in His will.

God holds the future in His hand,
Why should I shrink or fear?
Through every dark and cloudy day-
Yea, all along my pilgrim way-
His love will bless and cheer.

God holds the future in His hand,
And I can trust His love.
The past declares His faithfulness;
His eye will guide, His heart will bless.
Till I am safe above.



FOUNDATION PROGRESSIVE SABBATH ADVENT MINISTRIES
(FPSAM), Inc.

The Foundation Bible Lessons

PART 12: **Christian Growth and Experience**

Topic: Contentment

Lesson: 128

Part A

Volume: 12



MISSION STATEMENT

Foundation Progressive Sabbath Advent Ministries (FPSAM), Inc. exists to build upon the four **PILLARS** (*Mental, Physical, Spiritual and Social*) that **GUIDED** Jesus' life.

VISION

All Foundation Progressive Sabbath Advent Ministries (FPSAM), Inc. members will use the four pillars to establish and build their personal life and that of others.

SLOGAN

"Don't Accommodate Eliminate"

MOTTO

"Building on FOUR"

TEXT

"And Jesus increased in wisdom (Mental) and stature (Physical & Spiritual), and in favor with God (Spiritual) and man (Social)." **Luke 2:52**

WEBSITE

www.fpsam.org

1. What does the apostle say is great gain?

"But _____ with _____ is great gain. For we brought nothing into this world, and it is certain we can carry nothing out." **1 Timothy 6:6-7**

2. With what are we exhorted to be content?

"Let your conversation be without covetousness; and be _____ with such _____ as ye have: for He hath said, I will never leave thee, nor forsake thee." **Hebrews 13:5**. "And having _____ and _____ let us be therewith _____." **1 Timothy 6:8**

3. Concerning what does Christ tell us not to be anxious?

"Be not therefore anxious, saying, *What shall we _____?* or, *What shall we _____?* or, *Wherewithal shall we be _____?* For after all these things do the Gentiles seek; for your Heavenly Father knoweth that ye have need of all these things." **Matthew 6:31-32, R. V.**

NOTE: "Live not in *careful suspense*." **Luke 12:29, margin**

4. What evils befall those who are determined to be rich?

"But they that will be rich _____ into _____ and a _____, and into many _____ and _____ lusts, which drown men in destruction and perdition. For the love of money is the root of all evil: which while some coveted after, they have _____ from the _____, and _____ themselves _____ with many _____." **1 Timothy 6:9-10**

5. By what illustrations did Christ teach contentment?

"Consider the _____: for they neither sow nor reap; which neither have storehouse nor barn; and God feedeth them: how much more are ye better than the fowls? . . . Consider the _____ how they grow: they toil not, they spin not; and yet I say unto you, that Solomon in all his glory was not arrayed like one of these. If then God so clothe the grass, which is today in the field, and tomorrow is cast into the oven; how much more will He clothe you, O ye of little faith?" **Luke 12:24-28**

6. What lesson in contentment did Paul say he had learned?

"I have learned, in whatsoever _____ I am, _____ to be _____." **Philippians 4:11**

7. What ancient promise should lead to contentment?

"While the _____ remaineth, **seed-time** and **harvest**, and **cold** and **heat**, and **summer** and **winter**, and **day** and **night** shall **NOT** cease." **Genesis 8:22**

8. Upon whom should we cast all our care?

"Casting all your care upon _____ [God]; for He careth for you." **1 Peter 5:7.**

NOTES: "Contentment produces, in some measure, all those effects which the alchemist usually ascribes to what he calls the philosopher's stone. **If it does not bring riches**, it does the same thing by banishing the desire for them. If it cannot remove the disquietudes arising from a man's mind, body, or fortune, it makes him easy under them."- **Addison**

"A contented mind sees something good in everything, fair weather in every wind, blessings in every storm.

"If we cannot get what we like, we should try to like what we get."

"There is no malady more severe than habitual discontent."- **Fleming**

"If you cannot frame your circumstances in accordance with your wishes, frame your will in harmony with your circumstances."

Epictetus

"A contented mind is a continual feast"

